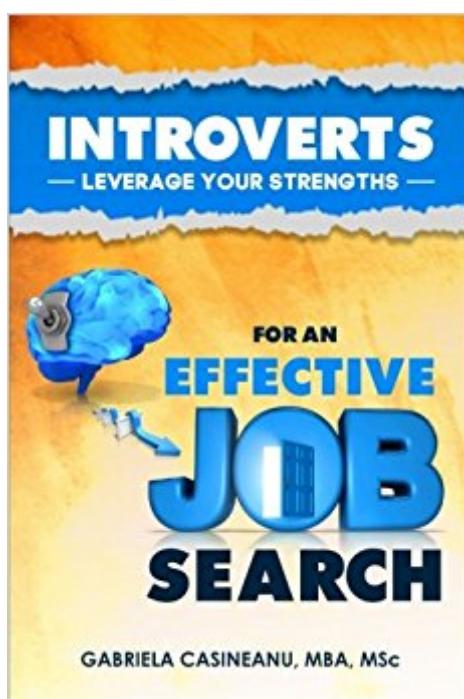


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# Introverts: Leverage Your Strengths For An Effective Job Search



## Synopsis

Why a book about introverts, strengths and job search: In today's competitive job market, the introverted job seekers find quite challenging to grab the employers' attention. The bestseller "Quiet", by Susan Cain, presents research studies revealing the WHY behind introverts' challenge: the inborn differences between introverts and extroverts. This comprehensive book about introverts and job search shows HOW the quiet individuals can use their strengths to land the desired job and build a rewarding career. What you'll find in this book: A more holistic approach to job search, shedding light on some useful areas that are usually overlooked. How introverts' strengths can be applied to the job search process, to make it more effective. Self-reflection exercises helping the readers to better understand themselves and create a specific strategy mix catered to their needs, preferences, and goals. Real stories of successful introverted job seekers, techniques about resume writing, interview tips for introverts, and 21 effective strategies (including LinkedIn) to tap into the hidden job market. How to use the new position as a platform to prepare the next career step. Who this book is for: Introverts willing to find a job and build a rewarding career based on their strengths. Students preparing to enter the job market. Recruiters, Career Coaches, Employment Counsellors serving introverted job seekers. Extroverts willing to expand their job search tool box, and to better understand introverts. Universities, Colleges, Libraries interested in adding a comprehensive job hunting and career resource to their collection. HR Professionals and Hiring Managers, to tap into introverts' power to achieve better results. Parents of introverted students, to better understand and support them. Anyone interested in learning effective strategies to access the hidden job market.

## Book Information

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## Customer Reviews

I cannot get over the wealth of information on job search for introverts presented in this book, and the best part is that it comes from one of our own--an introvert! In this book, Gabriela shares very insightful lessons she learned from her own job searches as well as the job searches of her clients, as she is now a coach. She understands the specific hurdles introverts face while searching for a job (and in life in general), and she gives unique ways and inspiration to overcome things such as the fear of meeting new people, our hesitancy to talk about ourselves and self-promote, interview stress, and more. After reading this book, I feel like I have been given a secret key to success, so I can do things my way as an introvert while not stretching too far out of my comfort zone (or maybe more if I like!), and still be respected and even sought after for my skills. I would have gladly paid ten times the amount for what I learned from this book. If you are an introvert having trouble finding a job or even looking to change careers, I would definitely suggest reading this book before you do anything else. It will save you time, money, and stress!

Introverts often have difficulty selling themselves - and nowhere more than in a situation where they must sell their own skills and services, such as a job interview. This is where Ms. Casineanu has can help introverts - or anyone who has difficulty promoting themselves -- to conduct themselves with confidence and be proud of the outcome. While the book is directed to readers who are looking for work, this book is also a must-read for hiring managers, everyone in the H.R. department, life-skills counselors (charities, government agencies and high school counselors) and everyone who wants to know how to network with more confidence and success. This book is detailed - it isn't intended to be a 'fast read' dispensing the same-old advice and easy answers. Instead, it takes a hard and serious look at a problem almost every adult will encounter in life: how do you sell yourself the ethical, honest and effective way? This book needs to be on every educator's, coach's, human resources manager's and entrepreneur's reference shelf. I'd also give it to any new grad or job-changer looking for how to put their best foot forward!

The author helped thousands of unemployed people find jobs and advance their careers. She is an expert and it shows all throughout the book. I have friends and family who struggle to find fulfilling jobs because they aren't 'Go-getters,' and I've come across very talented and skilled employees

who because of their shyness won't get the opportunities that others take for granted. This is a book that I will highly recommend to all of them. This book will teach you how to align your short-term goal with your long-term objective. Even when you're in a job that does not give you much satisfaction right now, after reading "Introverts:Leverage Your Strengths" you'll be getting more satisfaction out of your current job whilst you learn how to work on your career plans. I like this book very much. It is easy and enjoyable to read, comprehensive, laid out very clearly and a must-have for any introvert in the workforce.

Job Search For Introverts is exceptionally well written and thought out. From adjusting your current mindset, through the preparation process, all the way to effective job search strategies, this book has it all. The chapters are specifically geared toward introverts and incredibly detailed, containing tables and timeline suggestions to help the reader stay on track. My favorite chapter's got to be Chapter 12: Networking the Introverts Way. An introvert myself, I so appreciate all the outlined tips and suggestions within this book.

What a great book for many young adults and some older ones as well. I'm buying this book for all of my children, nieces and nephews. I wish I had this when I was younger and looking for a job. This is a must reference book for a lot of people that I know.

This book is insanely good. While other books tackle things like resume, interview preparation and the like, this book addresses the core issues you are having trouble getting your dream job. It addresses how you feel about yourself and what you can bring to a company, which then you translate unconsciously in your speech and body language come the interview. It addresses what you want out of a job in order to be happy at it, and thus increasing your happiness level. It's job searching with a purpose, with a goal in mind, and science has proven people with goals are more likely to achieve them than those who do not. Plus, it has some job searching tips what I haven't read ANYWHERE. It's really unique and an amazing book. Feel free to chuck the other books, which regurgitate the same information with a different word sequence, in the bin. Also, be ready to face some truths about yourself. This book opens your eyes as to what you think of yourself, and it can be tough to face that (it was for me). Overall, solid 10.

I am not an introvert, however, I have friends, children, and siblings who are. I know it can be a struggle and they often feel ill suited for the everyday world where extroverts seem to set the norms.

I will be giving this book to half a dozen people in the near future. I think they will LOVE to hear someone speaking their language!

This book is very comprehensive. I was pleasantly surprised by the volume of knowledge contained within. I especially liked the templates and the section on Pain Letters. These are new to me but I see how they would be extremely effective! As an introvert who is going through a major career transition, I will definitely be referring back to these tips. Thank you Gabriela for sharing your expertise.

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